

JUSTICE STRENGTHS

Also known as community or civic strengths, these are found in people who often work out of the limelight whilst trying to create a more just and enjoyable world for everyone. They're concerned that everyone gets a fair share whether it be of material goods, education, respect or opportunity for health and wellbeing.

WHERE do you see some of these JUSTICE strengths at work in your life – what do you feel strongly about regarding fairness?

Where do you see these strengths at work in other people's lives?

Which aspect might you like to develop more in your life?

(see next handout for examples)

FAIRNESS

You give everyone a chance to fight for what they believe in and allow them to choose for themselves.

You expect everyone to be treated fairly and you do your best to acknowledge people's contributions however humble or great, it is all of equal value.

TEAMWORK

You contribute selflessly for the good of the community and value group goals even when they are different from your own.

You have a volunteering spirit and do not wait to be asked or told to do something. You pull your weight fairly and with loyalty for the sake of the common goals of a team or group which you believe is worthwhile investing yourself in. You respect and work with authority.

LEADERSHIP

You have an ability to take responsibility and action in order to achieve a worthwhile goal and lead others in the process.

You are able to organise activities whilst ensuring good relationships.

You are able to publicly admit to your mistakes and learn from them.

You endure set-backs and keep working for a better world.

Increase your JUSTICE STRENGTHS

6A1

(look at the detailed descriptions on the previous page)

WHERE do you see some of these JUSTICE strength at work in your life – are there situations where you want to create a better life for others?

Do you feel passionate about changing something unfair that you observe?

Are you a leader or a team-worker?

(e.g. I feel strongly about everyone getting a chance to create a happy life for themselves and that everyone in the school system gets a chance to know about the skills that help us to make helpful and wise decisions for ourselves)

Where do you see some of the Justice strengths at play in other people's lives?

(e.g. My niece works to change the law regarding how immigrants from Africa are treated when they enter Denmark, she also wants to use her skills to help poorer people in Africa)

Which aspect of Justice might you like to develop more in your life? Somewhere you would like to change society to become more fair towards those who suffer?

(e.g. I would like everyone to get a chance to experience the happiness skills that can make such a difference in people's lives)

This is what I will do to develop myself more in this area:

(e.g. I will keep improving the material on the website and app and make more videos on this theme. I will travel to make the skills known)