

ROLE-PLAY
with
DIFFERENT STRENGTHS 1

Use the Wisdom, Courage and Humanity Strengths sheets.

Role-play a variety of situations but each time use a different strength.

Choose a **Situation**:

- Preparing a party
- Looking for a flat
- Choosing a birthday present
- Planning a journey
- Making food
- Doing housework
- Make up your own situation

GAME 1:

One person chooses a strength to act out in the particular **situation** while the other person just plays along

The other person or the class guesses which strength is being used

GAME 2:

Both people have secretly chosen a strength to use in the **situation**

Again the class (or the other person) guesses which strength/s

GAME 3:

The teacher/facilitator gives each participant a particular strength to use in the role-play

Other people guess which these are/ The class simply discusses how different we act according to our particular strengths

ADAPTATION:

Instead of acting out in front of the class, do the role-play in a small group or with just one person